

TSAWWASSEN SPRINGS



THE
BOARDROOM
BOX



Boxed Catering Made Easy.

5 Reasons To Choose Boxed Meals For Your Next Event

When it comes to providing delicious, convenient meal options for corporate events, business meetings, and office lunches, boxed meals are an ideal solution. At Tsawwassen Springs, we offer a range of premium boxed meals designed to suit a variety of tastes and dietary needs.

1

Convenience

Boxed meals are pre-packaged and ready to serve, eliminating setup and cleanup so your team can stay focused on the meeting or event.

2

Portion Control

Each boxed lunch is thoughtfully portioned, ensuring a satisfying meal for every guest without the need for buffet-style service.

3

Variety

A wide range of options accommodates different dietary preferences and restrictions, ensuring all attendees are well-fed and satisfied.

4

Professional Presentation

Boxed lunches from Tsawwassen Springs are carefully packaged, adding a polished and professional touch to any corporate event.

5

Health & Safety

Individually packaged meals help reduce the risk of cross-contamination, making them a safer choice for group settings.



TO BOOK YOUR NEXT BOXED CATERING MEALS,
CONTACT OUR FOOD & BEVERAGE SPECIALISTS TODAY.

Lauren Anne Griffiths • 604.948.4673

Lauren Boggs-Gupta • 604.948.4674

Email: catering@tsawwassensprings.ca



Breakfast Boxes

MINIMUM 10 BOXED MEALS PER ORDER • Select Up To 4 Choices

What's Included: Napkins, Utensils and Bottled Orange Juice



B1

CONTINENTAL

\$15.50

Freshly baked buttery croissant or muffin, butter, mini yogurt & granola parfait, fresh seasonal fruit cup

Muffin choices: morning glory, blueberry lemon, banana chocolate chip, gluten-free pumpkin



B2

BREAKFAST BUNDLE

\$16.50

Freshly baked mini buttery croissant, mini Danish, & mini muffin, butter, mini yogurt & granola parfait, fresh seasonal fruit cup

Muffin choices: morning glory, blueberry lemon, banana chocolate chip, gluten-free pumpkin



B3

MORNING BITE

\$20.50

Freshly baked buttery ham & cheese croissant, mini yogurt & granola parfait, fresh seasonal fruit cup



B4

WHOLESOME START

\$18.50

Freshly baked cranberry coconut oat granola bar, 2 hard-boiled eggs, mini yogurt parfait, fresh seasonal fruit cup





Breakfast Boxes

MINIMUM 10 BOXED MEALS PER ORDER • Select Up To 4 Choices

What's Included: Napkins, Utensils and Bottled Orange Juice



B5

RISE & SHINE

\$20.50

Freshly baked bacon, egg and cheese buttery croissant, mini yogurt & granola parfait, fresh seasonal fruit cup



B6

ENERGY BOOST

\$22.50

Black Forest Ham, cheddar & Swiss cheese, 2 hard-boiled eggs, freshly baked buttery croissant, fresh seasonal fruit cup



B7

PACIFIC LOX

\$22.50

Freshly baked bagel, sliced smoked salmon, cream cheese, sliced red onions, capers, fresh seasonal fruit cup





Springs Power Bowls

MINIMUM 10 BOXED MEALS PER ORDER • Select Up To 4 Choices

What's Included: Fresh Fruit Cup, Napkins, Utensils and Bottled Water

Select One Dessert For All Boxes:

- Chocolate chip cookie
- Oatmeal raisin cookie
- Lemon tart
- Gluten-free brownie



PB1

SANTA FE CAJUN CHICKEN BOWL

\$26.50

Cajun Chicken, roasted corn, black beans, feta cheese, avocado, red peppers, pico de gallo, tortilla strips, jasmine rice, cilantro lime crema



PB2

WEST COAST SALMON BOWL

\$31.50

Miso glazed salmon, organic spring mixed greens, jasmine rice, edamame, mango, scallions, pickled purple cabbage, cucumbers, avocado, sesame seeds, sesame dressing



PB3

MODERN BOWL

\$22.00

Mango, edamame, avocado, pickled carrots, cucumbers, sesame seaweed salad, scallions, jasmine rice, lemon garlic aioli, gochujang sauce



Add Grilled Chicken (5oz) \$7.50 •

Salmon (4oz) \$10.50 • Panko Tofu \$4.00



Springs Power Bowls

MINIMUM 10 BOXED MEALS PER ORDER • Select Up To 4 Choices

What's Included: Fresh Fruit Cup, Napkins, Utensils and Bottled Water

Select One Dessert For All Boxes:

- Chocolate chip cookie
- Oatmeal raisin cookie
- Lemon tart
- Gluten-free brownie



PB4

PROTEIN BOWL

\$25.00

House-made hummus, organic spring mixed greens, jasmine rice, hard-boiled egg, pickled purple beets, cucumbers, pickled purple cabbage and carrots, chickpeas, avocado, cilantro lime crema



PB5

TUNA BUDDHA BOWL

\$30.50

Mango, edamame, avocado, pickled carrots, sesame seaweed salad, scallions, sushi rice, ponzu, Japanese mayo



Add Grilled Chicken (5oz) \$7.50 •

Salmon (4oz) \$10.50 • Panko Tofu \$4.00





Entrée Salads

MINIMUM 10 BOXED MEALS PER ORDER • Select Up To 4 Choices

What's Included: Fresh Fruit Cup, Napkins, Utensils and Bottled Water

Select One Dessert For All Boxes:

- Chocolate chip cookie
- Oatmeal raisin cookie
- Lemon tart
- Gluten-free brownie



ES1

GRILLED CHICKEN CAESAR SALAD

\$25.00

Grilled Chicken, crisp romaine lettuce, brioche croutons, Parmigiano Reggiano, house-made Caesar dressing



ES2

TRADITIONAL GREEK SALAD

\$19.25

Tomatoes, cucumbers, red onions, red peppers, Kalamata olives, feta cheese, fresh oregano, Greek dressing



ES3

MEDITERRANEAN PENNE PESTO SALAD

\$19.25

Red onion, grape tomatoes, feta cheese, artichoke hearts, basil, Parmigiano Reggiano, pesto vinaigrette



ES4

CLASSIC COBB SALAD

\$30.50

Grilled Chicken, crisp romaine lettuce, bacon, Stilton blue cheese, grape tomato, hard-boiled egg, avocado, ranch dressing



**Add Grilled Chicken (5oz) \$7.50 •
Salmon (4oz) \$10.50 • Panko Tofu \$4.00**



Entrée Salads

MINIMUM 10 BOXED MEALS PER ORDER • Select Up To 4 Choices

What's Included: Fresh Fruit Cup, Napkins, Utensils and Bottled Water

Select One Dessert For All Boxes:

- Chocolate chip cookie
- Oatmeal raisin cookie
- Lemon tart
- Gluten-free brownie



ES5

ROASTED STREET CORN SALAD

\$18.25

Organic spring mix, red peppers, roasted corn, pico de gallo, cilantro, pickled onions, cotija cheese, chili lime crema



ES6

SPINACH & ORZO SALAD

\$21.75

Chickpeas, grape tomatoes, scallions, chopped parsley, herb vinaigrette



ES7

SPRINGS SALAD

\$18.50

Organic spring mixed greens, cucumbers, strawberries, blueberries, candied pumpkin seeds, passion fruit vinaigrette



Add Grilled Chicken (5oz) \$7.50 •

Salmon (4oz) \$10.50 • Panko Tofu \$4.00





Classic Sandwiches

MINIMUM 10 BOXED MEALS PER ORDER • Select Up To 4 Choices

What's Included: Fresh Fruit Cup, Napkins, Utensils and Bottled Water

Select One Salad For All Boxes:

- Caesar
- Springs salad
- Spinach & orzo
- Greek
- Mediterranean penne pesto

Select One Dessert For All Boxes:

- Chocolate chip cookie
- Oatmeal raisin cookie
- Lemon tart
- Gluten-free brownie



S1

ITALIAN DELI SANDWICH

\$27.50

Genoa salami, soppressata, Swiss cheese, organic mixed greens, tomatoes, pickled peppers, mayonnaise, mustard, focaccia loaf



S2

BLACK FOREST HAM & CHEDDAR CHEESE CROISSANT

\$24.25

Organic spring mixed greens, honey mustard mayonnaise, freshly baked buttery croissant



S3

SLOW ROASTED BEEF SANDWICH

\$27.00

Thinly sliced Canadian beef, caramelized onions, Swiss cheese, horseradish mayonnaise, potato bun



S4

CLASSIC EGG SALAD CROISSANT

\$20.50

Free range eggs, scallions, mayonnaise, freshly baked buttery croissant



Sub gluten-free bun \$2.25



Classic Sandwiches

MINIMUM 10 BOXED MEALS PER ORDER • Select Up To 4 Choices

What's Included: Fresh Fruit Cup, Napkins, Utensils and Bottled Water

Select One Salad For All Boxes:

- Caesar
- Springs salad
- Spinach & orzo
- Greek
- Mediterranean penne pesto

Select One Dessert For All Boxes:

- Chocolate chip cookie
- Oatmeal raisin cookie
- Lemon tart
- Gluten-free brownie



S5

PESTO CHICKEN SALAD SANDWICH

\$30.00

Roasted chicken breast, mozzarella cheese, roma tomato, arugula, mayonnaise, focaccia loaf



S6

ROASTED TURKEY CROISSANT

\$25.25

Roasted turkey, cranberry mayonnaise, cucumber, freshly baked buttery croissant

Sub gluten-free bun \$2.25





Zesty Wraps

MINIMUM 10 BOXED MEALS PER ORDER • Select Up To 4 Choices

What's Included: Fresh Fruit Cup, Napkins, Utensils and Bottled Water

Select One Salad For All Boxes:

- Caesar
- Springs salad
- Spinach & orzo
- Greek
- Mediterranean penne pesto

Select One Dessert For All Boxes:

- Chocolate chip cookie
- Oatmeal raisin cookie
- Lemon tart
- Gluten-free brownie



W1

CHICKEN CAESAR WRAP \$23.00

Grilled chicken breast, romaine, Caesar dressing, Parmigiano Reggiano, whole wheat wrap



W2

POWER VEGGIE WRAP \$22.00

Hummus, spinach, organic spring mixed greens, cucumber, pickled purple cabbage, dried cranberries, citrus vinaigrette, whole wheat wrap



W3

CAPRESE SALAD WRAP \$22.75

Bocconcini, roma tomato, organic spring mixed greens, basil, olive oil, pesto, balsamic drizzle, whole wheat wrap



W4

ROASTED TURKEY CLUB WRAP \$24.00

Roasted turkey, bacon, lettuce, tomato, cheddar cheese, ranch dressing, whole wheat wrap



Springs Grazing Box

Perfectly portioned, just for you.

MINIMUM 10
BOXED MEALS PER
ORDER

What's Included:

- Bottled water

C1 SOLO GRAZING BOX

\$20.00

Treat yourself to a beautifully curated grazing box designed for one — no sharing required.

Each box is thoughtfully arranged with a generous selection of 3 artisan cheeses, 3 charcuterie meats, crackers, olives, fresh strawberries, dried apricots, and walnuts.

Sub gluten-free crackers \$2.00





Desserts & Beverages



House-made Desserts

- Chocolate chip cookie
- Oatmeal raisin cookie
- Lemon tart
- Gluten-free brownie

Additional Beverages

ASSORTED CANNED POP \$3.50

Coke, Diet Coke, Sprite, Ginger Ale, Iced Tea

BOTTLED FRUIT JUICES \$3.75

Apple & Orange

STILL WATER BOTTLED \$3.50

Dasani





How To Order.



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Our catering office is open Monday through Friday from 9am–5pm for all order inquiries and bookings. Closed on Saturday & Sunday.

- All orders for the upcoming week must be submitted by Friday at 11:00am.
- Delivery service within Delta is available Monday through Friday 7am to 1pm.
- Please note that deliveries are not available on Saturday and Sundays.

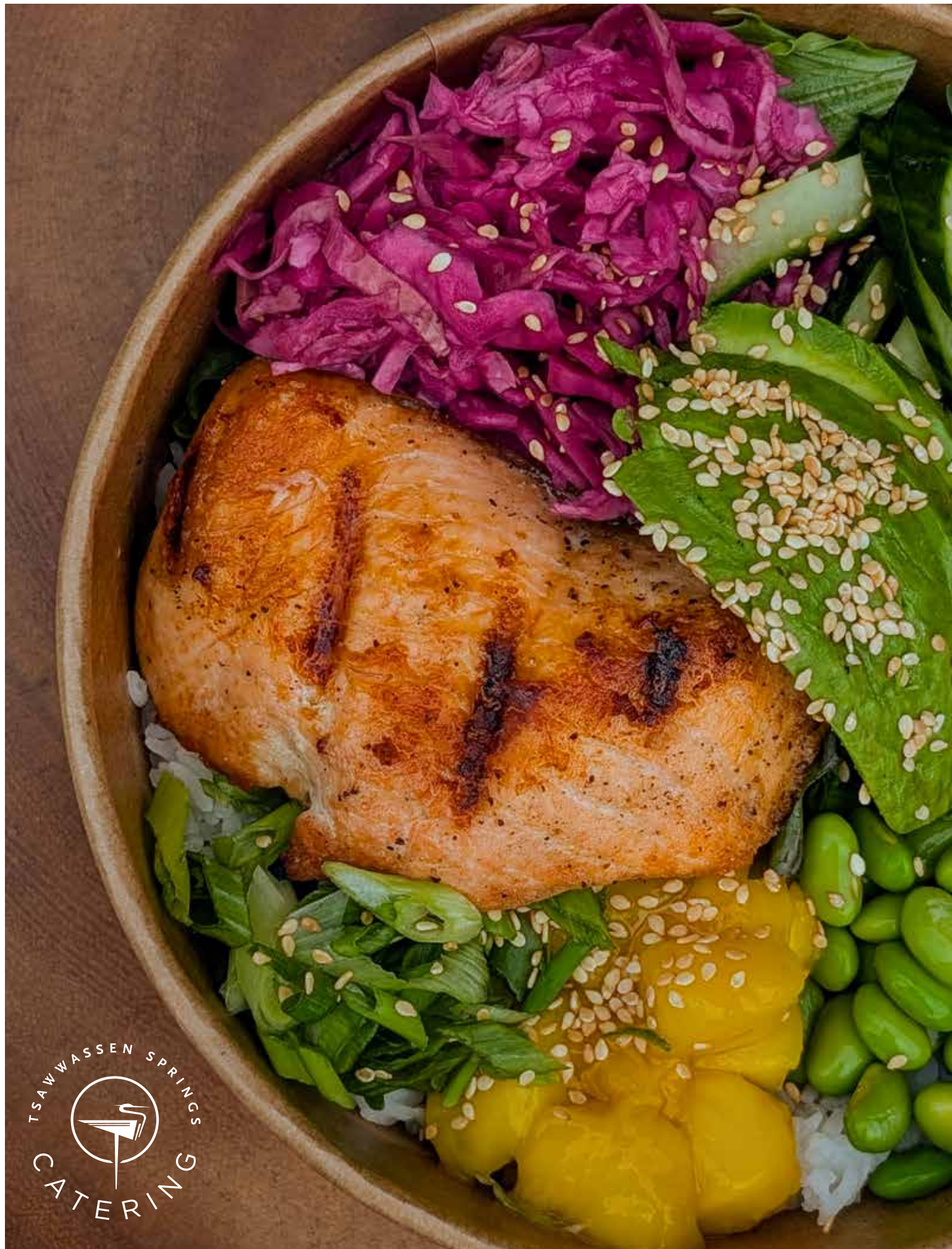
Customers have the option to pick up their orders at Tsawwassen Springs at 5133 Springs Boulevard from 7am onwards or request delivery within Delta for a \$20 fee.

Please place your order at least 72 hours in advance and 48 hours for cancellation of an order.

- Minimum order is 10 boxed meals.
- Select up to 4 choices per order.

Your order will not be confirmed until you receive an email confirmation.

Prices are exclusive of taxes & gratuities





100 - 5133 Springs Boulevard
Tsawwassen, BC V4M 0A6
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tsawwassensprings.ca